



Year OF THE Eucharist

Archdiocese of Seattle



ARCHBISHOP PAUL D. ETIENNE INVITES EVERYONE TO CELEBRATE THE YEAR OF THE EUCHARIST,

which started June 2020 and will continue to June 2021. In his Pastoral Letter, "The Work of Redemption: Eucharistic Belief and Practice in the Archdiocese of Seattle," he encourages us to grow our understanding and experience of the Eucharist.

Many parishes and Catholic schools in the Archdiocese of Seattle are bringing the Year of the Eucharist to life by providing opportunities to go deeper including Adoration, resource materials, webinars, small group study and more.

Throughout the Year of the Eucharist, we'll explore four themes, reflecting the order of the Mass:

GATHERING (June-Sept) - We focus on the return to public Mass, to gather as communities once again in the midst of COVID-19.

WORD (Oct-Dec) - The Church never celebrates the liturgy without proclaiming the Word of God. During this period, we focus on the power of God's Word, how it is proclaimed in the liturgy, and how we bring it to life every day.

PRESENCE (Jan-March) - We focus on the Real Presence of Christ in the liturgy, especially in the sacrament of his Body and Blood.

SENDING (April-June) - We focus on the commissioning at the end of Mass, when we are sent forth to love and to serve.

"How wonderful it would be if, during the coming year, each of us could grow in our desire and ability to be in prayerful conversation with Christ, present in the Blessed Sacrament!"

– Archbishop Etienne

"During the coming year, I ask every Catholic and every parish community to commit themselves to deepening our understanding and experience of the Eucharist, and strengthening our Eucharistic liturgies."

– Archbishop Etienne

HOW YOU CAN CELEBRATE THE YEAR OF THE EUCHARIST

- 1 Read the [Archbishop's pastoral letter](#).
- 2 Pray for a deeper understanding and experience of the Eucharist.
- 3 Attend an Adoration of the Blessed Sacrament.
- 4 Learn more. Watch "Presence" on [Formed.org](#), which explores Christ's real presence in the Eucharist.
- 5 Follow us on [Facebook](#) and [Instagram](#) @ArchdioceseofSeattle for inspiration and videos.

#YearoftheEucharistSeattle