

# Mother Cabrini

## Missionary Disciples

Immigrant and refugee Ministries of the Archdiocese of Seattle is ready to support you in becoming involved in the lives of local families in need. Our team is here to support you every step of the way. We can help you!

**Chris Koehler:** [Chris.Koehler@seattlearch.org](mailto:Chris.Koehler@seattlearch.org) - **Amy Nash:** [Amy.Nash@seattlearch.org](mailto:Amy.Nash@seattlearch.org)



## Ways We Can Help You Get Involved

- 1. Cabrini Advocate:** Advocate with elected officials for federal and state laws that support justice for immigrants. Sign up with the [WA State Catholic Conference](#) and with the [USCCB Justice for Immigrants](#)
- 2. Cabrini Companion:** Provide community and friendship as you help individuals and families navigate the hurdles as they encounter whether it is helping with daily tasks like grocery shopping or navigating healthcare, education, or other systems.
- 3. Cabrini Welcome Circle:** Form or join a group to provide comprehensive wrap-around support to a migrant family for up to two years. Helps them to find housing and employment, enroll children in school, access healthcare, apply for public benefits, connect to faith communities, and offer friendship and community. Training and certification required.
- 4. Host an Immigrant Family:** Do you have a mother-in-law apartment, ADU, or Airbnb rental? Families that have lost their main income provider to detention or deportation need long term housing support.
- 5. Migrant Hospitality Table:** Small hospitality teams welcome migrants outside immigration offices, offering dignity amid fear, while witness volunteers raise public awareness, observe conditions, and report urgent needs to legal service partners, ensuring compassionate support during a vulnerable process.
- 6. Court Accompaniment or Observation:** Trained volunteers attend court hearings and/or immigration appointments with immigrants to provide emotional support and provide witness, which can affect treatment during court hearings. Court Observers attend court hearings to witness multiple cases in one visit. Observers document what they see and submit a report to the organizing group. Training required for both.
- 7. Cabrini Prayer Partner:** Pray specific intentions or keep an individual or family in your daily prayers

# Other Opportunities to Get Involved With

There are many other ways to provide direct support and care for our immigrant and refugee neighbors. If you need our help getting connected to any of these great service opportunities, we'd be happy to help you!



Volunteer with Catholic Community Services [PREPARES](#) (Pregnancy and Parenting Support) serving pregnant women and families with young children, often immigrants. Volunteers are needed to serve families with essentials like diapers and clothing, assist with parenting and play groups, and to walk one on one with parents in need of support during the early years of parenthood.



Donate to [Catholic Immigration Legal Services](#) to support legal aid to immigrants.

Join a local Indivisible group at <https://indivisible.org/>.



Sign up to observe and document deportation flights out of Seattle with [La Resistencia](#), an undocumented-immigrant-led organization observe deportation flights.

Sign up for alerts from [Washington For All](#).

[Adopt a Day Labor Corner](#) through the National Day Laborer Organizing Network.



Join a Rapid Response team in your community to support families during immigration enforcement activity. Sign up at [Washington Immigrant Solidarity Network](#).

Volunteer with the [Northwest Immigrant Rights Project](#).

Join the Community Response List with the Jewish Coalition for Immigrant Justice [by filling out this form and sharing your communication preferences](#).



Discuss with your workplace how to keep safe from ICE. Search [nilc.org](#) for guides. Support [AIDNW.org](#). The compassionate support that AIDNW volunteers and staff offer to immigrants in detention, and upon their release, relieves isolation and anxiety, connects them to community resources, and provides hope for new lives.

***For resources for immigrant families and for parishes that support them, visit our website:***

[Immigrant & Refugee Ministry - Archdiocese of Seattle](#)

