

Morning Offering Prayer

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O Jesus,
through the Immaculate Heart of Mary,
I offer you my prayers, works,
joys and sufferings
of this day for all the intentions
of your Sacred Heart,
in union with the Holy Sacrifice of the Mass
throughout the world,
for the salvation of souls,
the reparation for sins,
the reunion of all Christians,
and in particular
for the intentions of the Holy Father this month.
Amen

Optional invocations to say after the prayer:

Most Sacred Heart of Jesus,
have mercy on us.

Jesus, gentle and humble of heart,
touch our hearts and make them like your own.

This Morning Offering prayer is from the United States Conference of Catholic Bishops.