



AN INVITATION FOR FIRST RESPONDERS & HEALTHCARE HEROES

*Co-Sponsored by The Archdiocese of Seattle's
First Responder Ministry.*

Join Us at the Peace & Spirituality Center

We warmly welcome **first responders, healthcare professionals, and all full-time caregivers** to enjoy a day or half-day of rest and renewal on our peaceful grounds.

Come as you are — no donation required. Simply take time to:

- Walk our serene trails, labyrinth, or meditation garden
- Sit by the lake and listen to the calming sounds of nature
- Reflect on your own, or with one of our self-guided retreats created especially for those who serve on the front lines

Request Your Day Retreat:

Scan the code to request your visit. When registering, please note your role when registering

