



## Morning Breakout Sessions

### **AM 1: Singing with the Saints: The Soundtrack of Our Souls**

From Taylor Swift to K-Pop to worship music, our playlists reveal what our hearts long for most. In this interactive sing-along, we'll explore how God speaks through every beat and lyric, and how the saints might just be singing along, too. (Aires Patulot)

### **AM 2: The Saintly Six: African American Catholics on the Road to Sainthood: (AM ONLY)**

*High School Speaker!* Eddie Schoen will share his experiences at the 2023 National Black Catholic Congress and 2025 National Black Catholic Men's Conference, and specifically what he has learned about six African Americans on the road to sainthood. (Eddie Schoen)

### **AM 3: Holy and Human: Why Sainthood Includes Mental Health, Not Just Spiritual Strength**

Being a saint doesn't mean having it all together. Mental health struggles like stress or anxiety don't make you less holy—they make you human. God calls us to grow through difficult times, and caring for our minds is an integral part of that journey. Saints were real and vulnerable, and so can you be. (Sister Doctor Chero Chuma, CSJP, DNP)

### **AM 4: Catholic Lifesavers Corps – Be a Light in Someone's Darkest Moment**

*High School Speaker!* Ever had a friend who seemed off and made you really concerned, but you weren't sure what to say or do? Sometimes friends go through stuff that's hard to talk about—and you might not know what to say or how to help. This session is all about learning how to recognize when someone might be thinking about suicide, how to talk to them in a caring way, and how to connect them with the help they need. It's real, practical, and designed for teens who want to make a difference. You can be a light in someone's darkest moment. You don't have to have all the answers—just a heart that's willing to listen. (Brandon Demmon)

### **AM 5: Becoming a Saint...Who's Got the Time?**

A realistic approach to sainthood along with soccer and basketball and school and piano and screens and hanging out and... (Morgan Nolan and Deacon Dan Powers)

**AM 6: Under Her Mantle: Our Lady of Guadalupe is the Star of Evangelization and Queen of all the Saints**

Discover how Our Lady of Guadalupe is the Star of the Evangelization, continues to guide us to Christ and inspire a new generation of faith through the story of her apparition. This talk explores Mary's courage, love, and "yes" to God — showing how she became the Queen of All the Saints and a model for young evangelizers today. (Dulce Casanova)(Dulce Cassanova)

**AM 7: Life Is Messy, Be a Saint**

Ever feel like everyone else has it together, but your life is a mess? Ever think you were beyond loving, or God just doesn't care about your life? You are not alone. Through stories of her own rocky journey as well as looking at lives of saints, Michele presents that no one's life is beyond repair, and you too can be the saint God made you to be. (Michele Heitzmann)

**AM 8: Grow Your Faith In College**

This session invites you to explore and prioritize the vital role faith plays in college on your journey into adulthood as lifelong disciples. Discover how to establish practices that keep your faith vibrant amid many distractions and opportunities. Learn to surround yourself with friends who support your beliefs, prioritize what truly matters, and grow an intentional faith to sustain you. Embrace the importance of engaging with faith resources, planning your life around the Mass/sacraments, and boldly proclaiming the Good News through a life well lived. Learn about the resources at Saint Martin's University to strengthen your faith foundation and navigate your path with purpose and grace.. (Nick Coffman, Director of Campus Ministry, Patty Lemon, VP of Admissions)



## Afternoon Breakout Sessions

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### **PM 2: Archdiocesan Youth Council: Young Saints – The Lives of Teenagers who Became Saints (PM ONLY)**

*High School Speakers!* Members of the Archdiocesan Youth Council will share about the newly canonized Saint Carlo Acutis and other teenage saints from all over the world.

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