



AMERICAN HERITAGE GIRLS

TENDERHEART - Deus et Familia Mea (God and My Family)

\$9.00

Deus et Familia Mea guides Catholic Tenderhearts through an awareness of who they are as children of God in the family of the Catholic Church. Girls will learn about the Holy Mass, sacraments, traditions and history of the Catholic Church with fun, hands-on activities. Tenderhearts are encouraged to explore and perform works of charity for their families and neighbors.

EXPLORER - Deus et Patria Mea (God and My Country)

\$9.00

Deus et Patria Mea allows Catholic Explorers to learn about various saints representing the United States of America. Explorers enrich their faith by exploring Catholic elements that are most important to those saints, including the Eucharist, Corporal Works of Mercy, and missionary work. Deus et Patria Mea is thought-provoking, hands-on, and will foster a desire in Explorers to serve Jesus Christ through the Catholic Church.

PIONEER - Deus et Civitas Mea (God and My Community)

\$9.00

Deus et Civitas Mea guides Catholic pioneers to examine service in their community through Sacred Scripture and Catholic Church Tradition. Girls learn the importance of preparing to serve through prayer and learning about people who exemplified service in their lives. Pioneers put what they have learned into practice by serving others and by reflecting on the impact of their service.

PATRIOT - Femina Integritatis (Women of Integrity - Quiver of Arrows & Moral Compass)

\$9.00

Femina Integritatis encourages Catholic Patriots to internalize and immerse themselves in what it means to be a Catholic Woman of Integrity. Prayer and discussion are essential elements of this study with opportunities for outings and engaging speakers. Through study of the Holy Sacrifice of the Mass, Our Blessed Mother, the lives of the saints, and the sacraments, Patriots discern God's call for their lives after high school.

There are two medals to be earned on the Patriot Program Level. The Moral compass medal is awarded after successful completion of Segments Three and Four of the Patriot Catholic Faith Award. A Patriot may earn both of these medals.