



INTRODUCING

# CABRINIANS

**SERVING IMMIGRANTS  
AND REFUGEES**

**IN THE ARCHDIOCESE  
OF SEATTLE**



## **CABRINI COMPANIONS**

People who provide accompaniment, friendship, and community to migrant families. In your role as a Cabrini Companion, you will build a deep relationship with one or more families and help them make the connections they need to establish safe and secure lives for themselves and their families. Cabrini Companions often work in pairs or small groups to accompany a family.

## **CABRINI NAVIGATORS**

People with specific expertise and knowledge that support migrants in navigating the healthcare and benefits, education, employment, housing, language learning, banking, or other systems. As a Cabrini Navigator, you use your specific skills and knowledge to over time help many migrant families.

## **CABRINI WELCOME CIRCLES**

Groups of caring individuals who come together to provide wrap-around support to a migrant family for up to two years. Some are recently arrived refugees and others are asylum-seekers. The circle helps them to find housing and employment, enroll children in school, access healthcare, apply for public benefits, connect to faith communities, and offer friendship and community. Cabrini Welcome Circles are trained and certified.

## **OTHER WAYS TO SERVE AS A CABRINIAN**

Whether you are a prayer partner, host a refugee in your home, volunteer with a local immigration nonprofit, or help and support immigrants, migrants, and refugees in a myriad of other ways, you too are a Cabrinian. Join us in community.

## **An invitation to pray and live the Cabrini Charism**

The Immigrant and Refugee Ministry of the Archdiocese of Seattle invites you to live out your calling to welcome the stranger by becoming a “Cabrinian.” Pope Francis has called upon the faithful to respond to migrants and to help welcome, protect, promote, and integrate newcomers.

### **Mother Cabrini**

In 1880, with seven young women, Frances Cabrini founded the Institute of the Missionary Sisters of the Sacred Heart of Jesus.

She was as resourceful as she was prayerful, finding people who would donate what she needed in money, time, labor, and support.

In 1889, New York seemed to be filled with chaos and poverty, and into this new world stepped Mother Frances Cabrini and her sister companions. She organized catechism and education classes for the Italian immigrants and provided for the needs of the many orphans.

She established schools and orphanages despite tremendous odds.

Requests for her to open schools came to Frances Cabrini from all over the world. She traveled to Europe, Central and South America, and throughout the United States. She made 23 trans-Atlantic crossings and established 67 institutions: schools, hospitals, and orphanages. She also ministered to immigrants in the Archdiocese of Seattle, worshiped at the cathedral, and it was while she was here that she became a US citizen.

Learn more about Mother Cabrini’s life and work at  
<https://www.mothercabrini.org/who-we-are/mother-cabrini/>

### **“Cabrinians” are People of Faith who:**

- Live out the legacy of Mother Cabrini’s mission to immigrant and refugees across Western Washington.
- Help individuals and families navigate the hurdles they encounter as they resettle here and start a new life.
- Provide community and friendship to a family.
- Build bridges into local parishes for wider wrap around support.
- Pray with the heart of Jesus over all immigrants and refugees.
- Advocate for justice for immigrants by offering a prophetic voice of love and acceptance with family, friends, elected representatives and others.

