



KEYNOTES

KEYNOTE 1

WOUND CARE

Through stories of failure and suffering triumph and healing, Michele Heitzmann will share about the Divine Physician, the one true healer.



MICHELE HEITZMANN

Youth Minister
St. Michael, Olympia

Not all paths are smooth and straight, and for Michele the adventure includes mountains, valleys and unexpected turns. While there were many moments along the way, her true conversion to Christ happened after Michele was already a youth minister, when she met Him in Eucharistic Adoration. Michele graduated from Franciscan University of Steubenville with a Master's Degree in Catechesis and Evangelization. She currently serves St. Michael's Parish in Olympia as the Steward for LifeTeen & Young Adult Ministry. When not serving in ministry, you can find her hosting a meal or exploring the picturesque beauty of the Northwest.



KEYNOTES

KEYNOTE 2

EUCHARIST: THE ULTIMATE SACRIFICE

We oftentimes talk about the word "sacrifice" today without understanding the ancient context of its original meaning. Looking at the history and belief of sacrifice from Hebrew people to Jesus' era, Samuel Carlson, will highlight the true meaning of "sacrifice", what it means for our everyday lives, and how it shapes our relationship with Jesus Christ in the Eucharist.



SAMUEL CARLSON

Service Coordinator and Theology Teacher
Bishop Blanchet High School

The son of Robert and Lynell Carlson and from Chicago, IL, Samuel Carlson is the Service Coordinator and Theology Teacher at Bishop Blanchet High School. He graduated from the University of Notre Dame with a Bachelor's in Theology, and received his Master's degree in Biblical Languages and Literature from Loyola University Chicago. He has been a high school teacher for 9 years, with a specialty in Scripture, Ecclesiology, and Diversity & Equity work. He also enjoys roleplaying games, carpentry, and loves to cook.



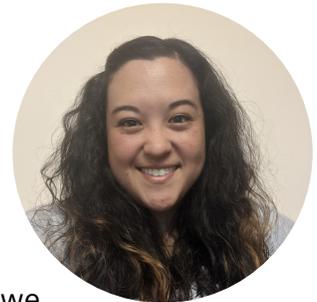
BREAKOUT SESSIONS

6TH GRADE

HOLINESS IN THE CHAOS:

GROWING IN HOLINESS IN MIDDLE SCHOOL

6th grade can be hard. Sometimes it seems like nothing is happening, and sometimes it seems like there is too much happening all at once. What does it even mean to grow in our faith at this time in our lives? We are going to dive into the chaos and root ourselves in scripture as we take a closer look at what it means to “give thanks always”. (1 Thessalonians 5:16)



CATHLEEN ITO

Middle School Youth Minister and Confirmation Coordinator
Holy Family, Kirkland

Cathleen Ito is the middle school youth minister and confirmation coordinator at Holy Family Kirkland Parish. She has been a youth minister for 10 years, and knows that while sometimes 6th grade boys spontaneously fall out of chairs, they are also capable of deep prayer. Some of her favorite things are sparkles, knitting, a good cup of tea, adoration, and watching a middle schooler take ownership of their faith.



BREAKOUT SESSIONS

7TH GRADE

MIRACULOUS REASSURANCE: ENCOUNTERING GOD'S LOVE IN THE EXTRAORDINARY

We hear about Jesus' miracles in the Bible, but do they still happen in today's scientific world? Together, let's take a deeper look at how God uses Eucharistic Miracles to reassure and reaffirm faith in the true presence of Christ.



AMY BAUMGARDNER

Youth Minister
St. Louise, Bellevue

Amy Baumgardner currently serves as the Youth Minister at St. Louise Parish in Bellevue. Prior to St. Louise, Amy served in the Diocese of Yakima as Diocesan Director for RCIA as well as Director of Adult Faith Formation for Holy Family Parish in Yakima. She is passionate about sharing her love of Christ and his Church and cares about the mental health/whole person of the youth she encounters. Away from parish life, she enjoys spending time with her family and friends, cooking, painting, and gardening. Her favorite saints (at least right now) are St. Teresa Benedicta of the Cross and Bl. Julian of Norwich, and her favorite devotion is the Litany of Humility.



BREAKOUT SESSIONS

8TH GRADE

5 RULES ALL HIGH SCHOOLERS SHOULD BREAK

Every school has rules in the handbook that all students should follow to be successful. However, there are also some rules and social norms that are unwritten. Some of these are good and helpful, but others unfortunately limit our success and happiness. Samuel Carlson will talk about some of the unwritten rules that High Schoolers should not follow, and what they should do instead.



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YOUR EMCEE

AIRES PATULOT

Aires Patulot is a dynamic and charismatic professional Catholic speaker, retreat facilitator, writer, podcaster, workshop leader, musician, and singer. He is committed to training and inspiring the next generation of missionary disciples.

Aires has a Bachelor's Degree in Theology and a Master's Degree in Pastoral Studies from Seattle University. He is the Director of Campus Ministry at Bellarmine Prep. In his spare time, Aires loves spending time with his wife, playing with his four rambunctious sons, listening to 90's R&B music, djaying events and cycling. He loves Pope Francis and has a special affinity for Saint Pope John Paul II, who was instrumental in igniting his passion for the Catholic faith.

