

ACCEPT ME

Accept me as I am
Grieving
Pained
Empty
Lonely
Just love me and allow me to feel
What I must feel.
One day I will begin to heal ~
I know not when.
Don't be afraid of me ~
its still me.
Struggling to find myself ~
Outside of this pain.
Please,
just be my friend.

Marilyn Henderson, Seattle KC, TCF

Grief is not a sign of weakness, nor a loss of faith. It is the price of love.

- author unknown, TCF Idaho Falls, June 1991

"...From you lips, there was laughter, but there was no joy --...."

Excerpt from "Terry" by Jeanie Bowman (Mother of Terry Craycraft)

The falling leaves gently sway
While I am crying and my dreams slip away

When you left you took my heart
I never knew that we would be apart.

You made me laugh
You made me cry
But then you left
And I don't know why.

I close my eyes
My mind wanders free.
Hoping that one day
Together we will be.

Casey Powell
TCF Arlington, VA '93

After the worst has happened,
with nothing left to fear,
the sun continues shining
with undiminished cheer,
And winds continue blowing and skies continue fair,
As hearts continue bearing
The thing they could not bear.

- TCF Skagit Chapter '96