

ARCHDIOCESE OF SEATTLE

At Home with Faith

The story of St. Charles de Foucauld illustrates a theme in this Sunday's Gospel: sacrificing the things of this world for the more beautiful things can bring true joy in unexpected ways.



Born to an aristocratic family, Charles de Foucauld spent the first part of his life pursuing adventure and glory. Yet, these things never satisfied him. Later, he found peace in a hidden life serving the people he encountered during his adventures in Morocco.

Inspired by his time serving in a Trappist monastery, St. Charles founded a small religious community dedicated to going out to the peripheries and caring for whoever he encountered, whatever their faith. In his quiet way, living in a remote place, enduring rugged conditions, St. Charles de Foucauld took to heart Jesus' admonition to trade the wealth of this world for the things of the next by caring for others with humility.

Read

Take time to read and reflect on the Scriptures for this day.

Don't have access to a Bible?

Visit www.usccb.org/bible/readings or download an app such as *Laudate* or *iBreviary* to access the Mass readings.

Amos 8:4-7

The Lord demands we treat the poor with justice.

Psalm 113

The Lord raises up the poor.

1 Timothy 2:1-8

Offer prayers for civil authorities and that all would be saved.

Luke 16:10-13

Sacrifice the things of earth for better things in heaven.

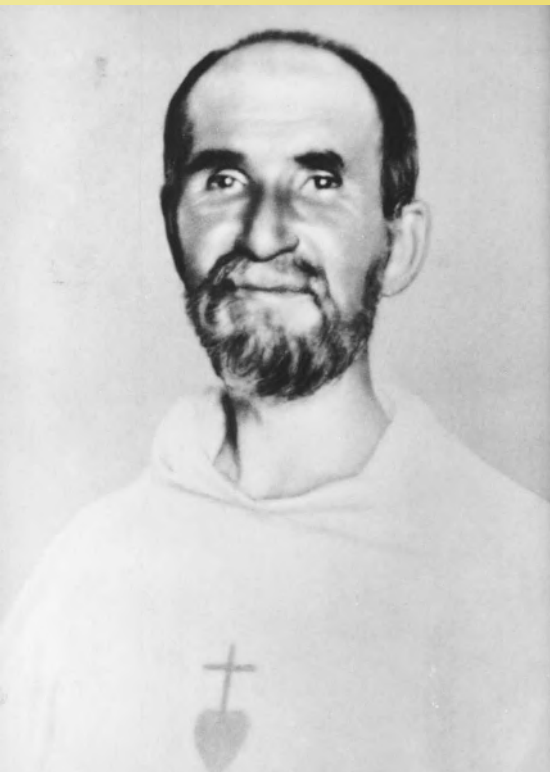
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Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

Help your child value the hidden life:

- **Ask your child why people think being famous is important.** Let your child reflect on something that our popular culture strongly suggests: that being famous is important. See if your child recognizes this presumption that is so common.
- **Let your child know that many famous people are not happy.** In fact, many only tolerate the fame as something that must be endured in order to work in certain professions.
- **Let your child know that many saints truly enjoyed a more humble life.** Many saints only became well known after their death because of the holiness of their life. Rather than seeking attention, they were very happy to work quietly. In fact, not worrying about what people thought of them helped them to be both happy and kind.
- **Catch your child doing something good quietly.** When you observe your child doing something kind or helpful for the family, friends, or community, let them know that their kind act makes a difference. Let them know that you know that they don't do it for attention and thank them for doing good things in a hidden way.



Check out these resources to learn more about St. Charles de Foucauld:

The prayer of abandonment by St. Charles de Foucauld

<https://www.brothercharles.org/wordpress/prayer-of-abandonment/>

The History of St. Charles de Foucauld

<https://youtu.be/4ABl4LJvD44>

A 4-minute video about St. Charles DeFoucauld by Rome Report

Faith Retriever Podcast

<https://sacredheartradio.org/project/faith-retriever/>

Listen to this 25-minute podcast with Dn. Jim Fish and Diana Jorda, who are leading a retreat about St. Charles de Foucauld and St. Therese of Lisieux this October.

Saturdays with the Saints: Bl. Charles de Foucauld

<https://youtu.be/ReJk7Q0lt7Y>

A 48-minute presentation about St. Charles DeFoucauld by the University of Notre Dame

For more resources, visit us online at:

<https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith>