

Preparation and Formation Meetings:

Overview

We hope that these outlines for preparation and formation meetings are helpful as you prepare your youth and adult chaperones for Agape. Preparing the students logistically is necessary. Additionally, preparing them educationally and spiritually will allow the experience to be richer and become more engrained into their minds and hearts, and therefore lived.

How to Use

- Feel free to use these session outlines in their entirety or to use pieces of any of the aspects of these preparation meetings.
- All sessions can be used for middle school, high school, or a combo
- Sessions run between 45 minutes to an hour depending on the amount of time you give to individual activities
- Family Formation: If you're interested in expanding mission preparation to be for the entire family, these could also be used if you invited families/parents to the sessions. What a great opportunity to form the parents in the content and logistics of the trip, while also encouraging the entire family to make changes in their life connected to service and social justice.
 - If this is what you choose to do, meetings between Masses on Sundays may work well to incorporate the entire family.

Content

Topic	Corresponding Resources
Introduction Meeting	
Corporal Works of Mercy Introduction	
Laudato Si & Agape	Laudato Si Worksheet
Migrant Farm Worker Intro – Documentary & Discussion	Food Chains Documentary – streaming options listed in guide
Prayer: Rosary for Refugees & Migrants	Scriptural Rosary
Prayer: Stations of the Cross Session Outline	Stations of the Cross Prayer for Migrant Families

If you desire a formation meeting on an additional topic, please let us know. Additionally, let us know if you have resources that you would be willing to share with other youth ministers.