



Prayer of Lenten Solidarity

God of All Peoples,

As we look ahead to our Lenten journey,
may our fasting be a hunger for justice,
our alms an offering of peace,
and our prayers a reflection of humble and grateful hearts.

We ask the Holy Spirit to accompany us
as we spend these 40 days reflecting on what it means to be companions
on the journey
to encounter our global human family.

How may this encounter with our neighbor transform our own lives?
How may our prayers, fasting and almsgiving support those worldwide
who are forced to flee their homes
for safety or better opportunities?

We ask this through our Lord Jesus Christ,
who lives and reigns with the Father and the Holy Spirit,
one God forever and ever.

Amen

Find more opportunities for parishes, families and individuals to engage in global solidarity during Lent at www.crsricebowl.org