START HERE!

LEADERS IN YOUNG ADULT MINISTRY NEED TO ASK THEMSELVES A FEW QUESTIONS:

Who are the young adults that I know?
- Are they high school graduates?
- Single or married?
- Any recent college graduates?
- Recently divorced or widowed?
- Transplants to a new city or town?
- Vocation or discerning?

Where are these young adults in their spiritual lives?
- Do they want to serve others in the context of the Church?
- Interests in faith-filled friendships?
- Want to learn more about their faith?
- So committed to Jesus Christ that they want to evangelize others?

CHALLENGE: HOW WELL DO I KNOW THE YOUNG ADULTS IN MY COMMUNITY?

Have you had a meal with them, chatted after Mass or gotten to know them? Take some time to do this; it can shape your whole ministry!

ONCE YOU HAVE ANSWERED THESE BASIC QUESTIONS, YOU CAN START PLANNING YOUR MINISTRY!

READY TO GO?

Is your pastor on board with starting a young adult ministry at his parish?
- Set up a meeting with your pastor and talk about the need you have identified.

Who is your parish liaison for young adult ministry?
- Get to know the staff at your parish.

Who is in charge of the ministry?
- Is it you? Is it a leadership team? Will you team up with another parish?

What is your marketing strategy?
- See “How to advertise YA events” (below).

Who are the young adults at your parish?
- See “Who are the young adults that I know?” (above)

Start small!
- Don’t be discouraged if the crowd is small the first time; get to know people!

What do the young adults want or need?
- When you meet them, ask them what they want or need out of a young adult group!

Reach out to the Young Adult Ministry Office for tips, resources, collaboration, information, encouragement, prayer requests, anything you need!
- Annie Bailey (Ana.Bailey@seattlearch.org)

How to Advertise Young Adult Events

- Personal invitations are best.
- Make a young adult Facebook group (keep it public) and create events there.
- Use the parish announcements, bulletin and/or email newsletter for young adults.
- Submit events to the Scroll, the weekly Archdiocesan newsletter for young adults.

Steps for Social Events

1. TIME/DAY: Go for evenings, weekends, or right around a popular Mass time.
2. PLACE: Situate yourself at or near the parish.
3. ACTIVITY: Keep it light and easy to join! Icebreakers and food always make it more fun!
4. FOLLOW-UP & INVITE: Collect contact information to follow-up & invite them to the next event.

BEST PRACTICES FOR YOUNG ADULT LEADERS

Pray every day. Receive the Sacraments (Eucharist and Confession) regularly.

Pray for your friends and young adults you meet at your parish. Develop a heart for others.

Develop intentional, authentic friendships. Have fun, go deep, do what you love.

Invite your friends (from your parish or outside the parish) into a small group community. You can study Scripture, the lives of the saints, a Church document - anything that points you to Christ.

Challenge your friends in your small group community to pray daily, receive the Sacraments, pray for each other, develop intentional friendships...and if they are interested and ready, invite their friends into a small group community.

Respond to the needs of your community. Participate in service opportunities, get involved in the Sunday liturgy, find experts on topics to lead a discussion, attend a retreat as a group. Check out The Scroll for other ideas!

Pray at the beginning and end of everything. Pray for each other.

PROFILE OF A YOUNG ADULT LEADER

- Joyful disciple of Jesus Christ
- Faithful to the teachings of the Catholic Church
- Committed to continual growth in holiness and formation
- Willing to share the Gospel message and personal spiritual journey
- Available to welcome, invite, and lead others deeper into the life of the Church

HAVE QUESTIONS? CONTACT:

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206-382-200

YEOUNG ADULT MINISTRY STARTER KIT

YOUNG ADULTS ARE IN TRANSITION, DEVELOPING AND SEEKING:

PERSONAL IDENTITY
RELATIONSHIPS
MEANINGFUL WORK
SPIRITUAL LIFE

YOUNG ADULT WEBSITE:
SEATTLEARCHYMA.WEEBLY.COM

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