

## Course V: Sacraments as Privileged Encounters with Jesus Christ

### Course V Purpose:

*The purpose of this course is to help students understand that they can encounter Christ today in a full and real way in and through the sacraments, and especially through the Eucharist. Students will examine each of the sacraments in detail so as to learn how they may encounter Christ throughout life.*

*Doctrinal Elements of a Curriculum Framework for the Development of Catechetical Materials for Young People of High School Age - USCCB*

### Course V Essential Questions:

- What does it mean to live a sacramental life?
- How do the sacraments help us encounter Christ today?
- How do the sacraments strengthen us for discipleship?

### Course V Important Concepts/Terms:

absolution	liturgy	sacraments of healing
actual grace	Liturgy of the Eucharist	sacraments of initiation
anamnesis	Liturgy of Word	sacraments of
consecration	metanoia	vocation/service
contrition	Paschal Mystery	sanctifying grace
conversion	penance	seal of confession
domestic church	real presence	source and summit
epiclesis	reconciliation	Transubstantiation
Eucharistic prayers	sacramentals	vocation

## Course V Archdiocese of Seattle Standards

1. Define a sacrament as a visible sign of grace, instituted by Christ.  
USCCB Framework: (I, A, 1-3) (CCC, nos. 1131, 1127, 1996, 2005, 1129)
2. Define the Church as the universal sacrament of salvation for humanity.  
USCCB Framework: (I, B, 1-2) (CCC, nos. 849, 1088-1090, 774-776, 780, 739, 774)
3. Explain how Christ's actions foreshadow the sacraments.  
USCCB Framework: (I, C, 1, a-c) (CCC, nos. 1084-1085)
4. Explain how through liturgical prayer and the sacraments one encounters Christ the Lord.  
USCCB Framework: (II, C, 2, a-d) (CCC, nos. 1073, 2559, 2565, 2558, 1137-1144, 2626-2636, 2704-2719)
5. For each of the seven sacraments: a) describe how the sacrament was established by Christ; b) state the form, matter, requirements; c) discuss the effects; d) identify the ordinary minister; e) describe the rite.  
USCCB Framework: (II) (CCC, nos. 1279-1280, 1422, 1425, 1428, 1446, 1577)
6. Explain the necessity of Baptism for salvation while acknowledging that God is not bound by the sacrament of Baptism.  
USCCB Framework: (II, A) (CCC, nos. 1279-1280)
7. Explain the indelible character of Baptism.  
USCCB Framework: (II, A, 5, e) (CCC, nos. 1272-1274)
8. Explain how Baptism initiates us into our roles as priest, prophet and king.  
USCCB Framework: (II, A, 9, a-e) (CCC, nos. 1267, 1268, 1269, 1270, 1271)
9. Describe the steps in the RCIA/RCIC process and how this process differs from infant/child reception of Sacraments.  
USCCB Framework: (II, B, 2, a-b) (CCC, nos. 1298-1300, 1232-1233)
10. Describe the indelible character of confirmation.  
USCCB Framework: (II, B, 6, c) (CCC, nos. 1303-1305)
11. Analyze the definition of Holy Eucharist, CCC, no. 1323.  
USCCB Framework: (II, C,) (CCC, no. 1323)

12. List in sequence the parts of the Mass, and identify the four ways in which Christ is present in the Mass.  
USCCB Framework: (II, C, 4, a-b) (CCC, nos. 1373-1377, 1378, 1379, 1385-1386, 1418)
13. List the elements of the liturgical celebration of the Eucharist.  
USCCB Framework: (II, C, 3, a-b) (CCC, nos. 1412, 1352-1355)
14. Describe the transubstantiation and the real presence of Christ in the Eucharist.  
USCCB Framework: (II, C, 4, a) (CCC, nos. 1373-1377)
15. List the three requirements for reception of the Eucharist.  
USCCB Framework: (II, C, 6, a-c) (CCC, nos. 1376, 1385, 1387-1388)
16. Differentiate between Catholic and Protestant understanding and reception of the Eucharist.  
USCCB Framework: (V, D, 1,2) (CCC, nos. 817-822, 1411)
17. Understand that the sacraments of healing can be received outside the Liturgy of the Eucharist.  
USCCB Framework: (III, B, 2) (CCC, nos. 1480-1484)
18. Recognize the need for the sacrament of confession so as to restore grace, from the Church.  
USCCB Framework: (III) (CCC, no. 1431)
19. Explain the difference between Anointing of the Sick, Extreme Unction, and Viaticum/Last Rites.  
USCCB Framework: (III, B) (CCC, nos. 1499-1513, 1524-1525)
20. Identify the Sacraments of Marriage and Holy Orders as vocation and Sacraments at the Service of Communion.  
USCCB Framework: (IV) (CCC, nos. 1555-1571, 1601-1616, 1642)
21. Identify and distinguish the three levels of Holy Orders.  
USCCB Framework: (IV, 2, a-c) (CCC, nos. 1555-1561, 1562-1568, 1569-1571)
22. Explain the indelible character of the Sacrament of Holy Orders.  
USCCB Framework: (IV, A, 4, a) (CCC, nos. 1581-1584)
23. Understand marriage as a sacrament between a baptized man and a baptized woman.  
USCCB Framework: (IV, B) (CCC, nos. 1601, 1603, 1613-1616, 1642)

24. Summarize the meaning of the family as a domestic church.

USCCB Framework: (IV, B, 9, a-d) (CCC, nos. 1646ff, 1655, 1658, 1652-1653, 1641-1658)

25. Summarize the importance of the sanctity of marriage and the teachings around marriage and the compassion of annulments when necessary.

USCCB Framework: (IV, 8) (CCC, no. 1650)

### **Course V Guiding Questions:**

1. How do the symbols and rituals used in the Sacraments of Baptism and Confirmation relate to initiation?
2. What is the role and importance of the Eucharist and Mass in the Catholic Church?
3. In what ways do the Sacraments of Healing promote healing and metanoia?
4. In what ways are the Sacraments of Marriage and Holy Orders serving the community?
5. How do we live the sacramental life in regards to the Call to Holiness?

**Note:**

*Essential questions promote deep and enduring understanding. They cannot be answered in one sentence. Even though they are written simplistically, they are complex enough to be broken down into smaller, guiding questions.*

*Guiding questions are more detailed questions that support the essential questions of the course.*

## Challenge Questions

*“This element is designed to give catechetical instruction for high-school age young people an apologetical component. Publishers and teachers or catechists are to strive to provide for a catechetical instruction and formation that is imbued with an apologetical approach. Challenges that appear under one particular theme can also apply to other themes in the framework, and such application is encouraged.”* Introduction to The Bishops’ Framework

Answers to each of the following questions with references to the Catechism are found in the last section of each course in the Framework. It should be noted, however, that each question has also been addressed within the coursework of the standards.

- A. Can’t a person go directly to God without the help of the Church or a priest?
- B. Can’t God forgive us directly when we are sorry for sin?
- C. Aren’t the sacraments just celebrations to mark significant moments in our life?
- D. Is there any difference between receiving Holy Communion in a Catholic Church and going to communion in a Protestant worship service?
- E. How do we know that any of the sacraments really work? For example, if a person dies after receiving the Sacrament of the Anointing of the Sick, does that mean it did not work?