YEAR OF THE EUCHARIST

TOOLKIT FOR PARISHES

NEW "how to promote" guidelines, overview, FAQs, petitions, graphics, video, bulletin inserts and more. Expanded Spanish materials.

Please click on each icon to go to that page.



OVERVIEW (DIGITAL FLYER)



FAQs



HOW TO PROMOTE



RESOURCE MATERIALS



PASTORAL LETTER



LOGO AND DIGITAL GRAPHICS



SOCIAL MEDIA POSTS



BULLETIN INSERTS



VIDEOS AND WEBINAR AD



PETITIONS/ PRAYERS



PRAYER CARD



SPANISH RESOURCES





VERVIEW FLYER

Archbishop Paul D. Etienne invites everyone to celebrate the Year of the Eucharist, which started June 2020 and will continue to June 2021. In his Pastoral Letter, "The Work of Redemption: Eucharistic Belief and Practice in the Archdiocese of Seattle," he encourages us to grow our understanding and experience of the Eucharist.

Many parishes and Catholic schools in the Archdiocese of Seattle are bringing the Year of the Eucharist to life by providing opportunities to go deeper including Adoration, resource materials, webinars, small group study and more. Throughout the Year of the Eucharist, we'll explore four themes, reflecting the order of the Mass:

- Gathering (June-Sept.) We focus on the return to public Mass, to gather as communities once again in the midst of COVID-19.
- Word (Oct.-Dec.) The Church never celebrates the liturgy without proclaiming the Word of God. During this period, we focus on the power of God's Word, how it is proclaimed in the liturgy, and how we bring it to life every day.
- Presence (Jan.-March) We focus on the Real Presence of Christ in the liturgy, especially in the sacrament of his Body and Blood.
- Sending (April-June) We focus on the commissioning at the end of Mass, when we are sent forth to love and to serve.

"During the coming year, I ask every Catholic and every parish community to commit themselves to deepening our understanding and experience of the **Eucharist, and strengthening our Eucharistic liturgies.**"

- Archbishop Etienne





Please click to download Overview Flyer pdf or Word doc.

HOW YOU CAN CELEBRATE THE YEAR OF THE EUCHARIST

- 1. Read the Archbishop's pastoral letter.
- 2. Pray for a deeper understanding and experience of the Eucharist.
- 3. Attend an Adoration of the Blessed Sacrament.
- 4. Learn more. Watch "Presence" on Formed.org. which explores Christ's real presence in the Eucharist.
- 5. Follow us on Facebook and Instagram @ArchdioceseofSeattle for inspiration and videos.

(Frequently asked questions)

What is the Year of the Eucharist?

The Year of the Eucharist is a special observance in the Archdiocese of Seattle. It is a time to focus on the Eucharist, the center of our sacramental life. It began on June 14, 2020, and continues until June 6, 2021.

Why a year of the Eucharist?

In his pastoral letter, The Work of Redemption: Eucharistic Belief and Practice in the Archdiocese of Seattle, Archbishop Paul D. Etienne wrote: "Our goal is for all Catholics to enter into the mystery we celebrate in order to appreciate it more fully, and we hope that the faithful may also recognize the implications of the sending rite at the end of Mass as a commissioning to live this Eucharistic life in the world, to carry out the mission of Jesus in our day-to-day life."

What should parishes be doing to observe the Year of the Eucharist?

In his pastoral letter, Archbishop Etienne identifies two main ways for parishes to observe the Year of the Eucharist: "the primary focus of this Year of the Eucharist is to increase our understanding and elevate the quality of how we celebrate the Eucharist at Mass."

- This first way is a time to provide some special opportunities for people of every age group and level of catechesis to learn about the Mass and the mystery of the Eucharist.
- The second way is for parishes to carefully evaluate their own liturgical celebrations to make improvements as necessary.

Along with his pastoral letter, Archbishop Etienne released new Archdiocesan policies on Eucharist to be implemented by November 29, 2020, the First Sunday of Advent. Link to the new policies here. Link to a webinar overview of the Eucharist policies here. (need link for webinar)

What are the themes for the Year of the Eucharist?

While parishes are free to celebrate this year as they see fit, we are proposing four themes, provide a way of reflecting on the breadth of the Eucharist during this year. The four themes reflect the pattern of the Mass:

- June-August: Gathering. We focus on the return to public Mass, to gathering as communities once again in the midst of COVID-19.
- September-December: Word. The Church never celebrates the liturgy without proclaiming the Word of God. During this period, we focus on the power of God's Word, how it is proclaimed in the liturgy, and how it comes to life in our everyday lives.
- January-March: Presence. We focus on the Real Presence of Christ in the liturgy, especially in the sacrament of his Body and Blood.
- April-June: Sending. We focus on the commissioning at the end of Mass, when we are sent forth to love and to serve.

What resources are available from the Archdiocese for the Year of the Eucharist?

In addition to the Archbishop's pastoral letter, parishes have a full toolkit of resources to use throughout the Year of the Eucharist. This kit includes:

- A list of great resources, both print and online, for different age groups
- A series of bulletin inserts (11 in all), including questions for reflection, to be used weekly or monthly in your parish bulletin
- A free webinar for adults which you can arrange to have offered in your parish, based on the pastoral letter, reflecting on the meaning of the Eucharist for our daily living
- Graphics and images for use on websites, print, and social media

HOW TO PROMOTE YEAR OF THE EUCHARIST

GUIDELINES FOR PROMOTING YEAR OF THE EUCHARIST AT YOUR PARISH

- Encourage your parishioners to read the <u>Archbishop's Pastoral Letter</u>.
- Place the Overview flyer on your website or within your weekly emails. This explains the Year of the Eucharist and provides five ways to celebrate. You can link directly to the Overview flyer here or download the flyer and link to it.
- Put the <u>logo</u> or <u>digital graphics</u> on your parish's website with a link to the Overview flyer.
- Use the <u>Bulletin Inserts</u>, including questions for reflection, to be used weekly or monthly in your parish bulletin.
- Use the <u>social media posts</u> provided in this toolkit on your parish Facebook and Instagram pages.
- Consider offering a free Year of the Eucharist webinar for adults which you can arrange to have offered in your parish, based on the pastoral letter, reflecting on the meaning of the Eucharist for our daily living. Contact the Offices of Liturgy and Faith Formation of the Archdiocese of Seattle. Offered in English or Spanish at no cost to your parish. Contact carlos.carillo@seattlearch.org. Learn more.
- Find a list of great <u>Resources</u>, (Janis will give us the link to a pdf) both print and online, for different age groups to offer to parishioners for study, formation opportunities and small group discussions.
- Follow Archdiocese of Seattle's <u>Facebook</u> and <u>Instagram</u> for weekly Year of the Eucharist posts, that you can share on your parish social media channels. @ArchdioceseofSeattle

RESOURCES:

Link here.

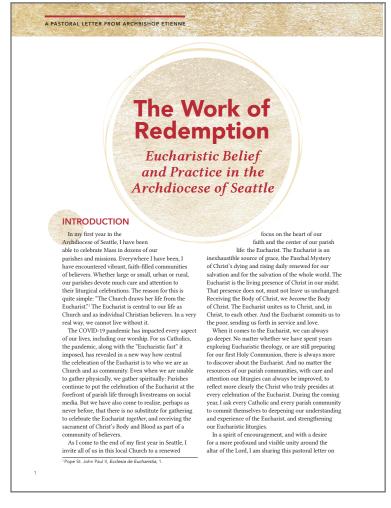




Please click to download Word doc.

YEAR OF THE EUCHARIST PASTORAL LETTER

Post the Pastoral Letter on your website and share the link in your parish's social media, email or bulletins and encourage your parishioners to read it. You can also link here to read it on seattlearchdiocese.org.



English Spanish



Please click to download Pastoral Letter pdf.

LOGO AND DIGITAL GRAPHICS

Use these digital graphics on your parish's website, digital bulletins and social media pages. In your support copy, include the hashtag #YearoftheEucharistSeattle and this link to take you to the Overview flyer.

LOGO

For use on white backgrounds only.



USE HASHTAG:

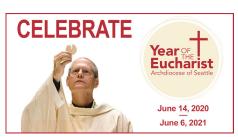
#YearoftheEucharistSeattle

Use this hashtag for any of your social media posts on the Year of the Eucharist. Hashtags are used primarily on social media posts to identify messages on a specific topic. They also make it easier to discover posts around those specific topics, because hashtags aggregate all social media content with that same hashtag.

CELEBRATE

Banner and social posts can be used all year long.





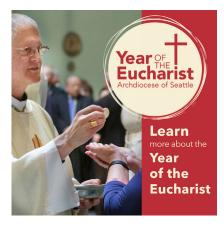


LEARN MORE

Banner and social posts can be used all year long.







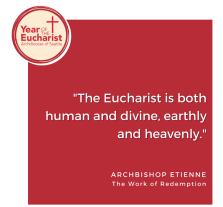


Please click to download digital files.

SOCIAL MEDIA POSTS

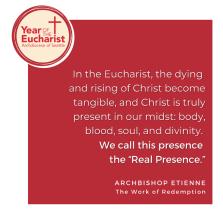
Choose from the following social media posts, to use as you choose. You can use this series of social media posts with quotes from the Archbishop's Pastoral Letter to post on your parish Facebook and Instagram pages. Suggest using #YearoftheEucharistSeattle in the text of your posts.

> "In the Eucharist. fullness is already achieved; love and of inexhaustible life. Joined to the incarnate Son, present in the Eucharist, the whole Indeed the Eucharist is itself an act of cosmic love". POPE FRANCIS Laudato Si





"The Eucharist strengthens our interior life, while transporting us beyond ourselves into a profound relationship with the Lord." ARCHBISHOP ETIENNE The Work of Redemption







BULLETIN INSERTS

Use this series of bulletin inserts (11 in all), including questions for reflection, in your weekly or monthly parish bulletins.



#1 We can go deeper into the Eucharist



#2 Liturgy is not to be passively received



#3 Liturgy of the Word is not about the past



#4 Unity is not easy



#5 To be recognized as true followers of Christ



#6 To be Christ's body



#7 Our active participation in the liturgy



#8 United in Christ by sharing in this mystery



#9 It's never been easy to live a Eucharistic life



#10 The moments when we kneel before the **Blessed Sacrament**



#11 The Eucharist is both human and divine



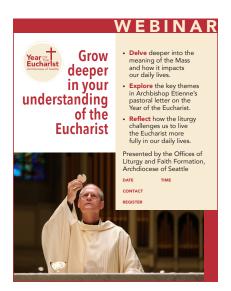
Please click on the individual bulletin to download pdf or jpg.

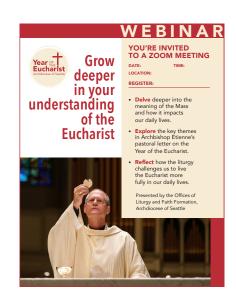
IDEOS AND WEBINARS TO SHARE

Year of the Eucharist Webinar

Consider offering a free Year of the Eucharist webinar for adults. You can arrange to have this offered in your parish by the Offices of Liturgy and Faith Formation. This is based on Archbishop Etienne's Pastoral Letter, reflecting on the meaning of the Eucharist for our daily living. Offered in English or Spanish at no cost to your parish. Contact Carlos Carillo at carlos.carillo@seattlearch.org.

Learn more.





Year of the Eucharist Videos

Post these short videos on your social media pages or play them at your Year of the Eucharist group sessions. You can find most of these on the Archdiocese of Seattle Instagram channel at @ArchdioceseofSeattle.org

Archbishop's Vision for the Year of the Eucharist, from his Corpus Christi Mass homily on June 14, 2020. Video

Brody Stewart, Seminarian:

https://www.youtube.com/ watch?v=vtx5eyOVdMA&feature=voutu.be

Father Ben Bray:

https://vimeo.com/432718943/6b6ceb48c7

Sister Mary Elizabeth

https://vimeo.com/465876116

Sister Maria Caeli

https://vimeo.com/465873052





PETITIONS/PRAYERS OF THE FAITHFUL

Add these petitions to your liturgies throughout the year to remind parishioners of the Year of the Eucharist.

GENERAL

- For this local Church in the Year of the Eucharist, that we may become aware as never before of Christ's living presence among us in word and sacrament. We pray to the Lord.
- For this local Church in the Year of the Eucharist, that the mystery we celebrate and receive may heal our divisions and strengthen the bonds of unity among us. We pray to the Lord.
- For this local Church in the Year of the Eucharist, that we may make the Eucharist the pattern of our own lives, emptying ourselves in service of others. We pray to the Lord.
- For this local Church in the Year of the Eucharist, that we may deepen our understanding and our love for the Eucharist, which is both a cosmic mystery and our daily bread. We pray to the Lord.

WORD theme (to use Oct-Dec 2020)

- For the Church, that we may read the signs of the times in the light of the Gospel. We pray to the Lord.
- For all who do not know Christ, that they may discover the power of his life-giving Word. We pray to the Lord.
- For young people, that they may come to know and love the Bible, and turn to God's powerful Word in all the decisions of their lives. We pray to the Lord.
- For all of us, that the Word of God may take root in our hearts and yield a harvest that is a hundredfold. We pray to the Lord.
- For all Christians, that we may let the Word of God shape our priorities and influence our actions. We pray to the Lord.

PRESENCE theme (to use Jan-Mar 2021)

- For the Church, that we may read the For the Church, that we may grow in unity and peace through our celebrations of Christ's saving love in the Eucharist. We pray to the Lord.
- For the Church, that all of us may grow in our awareness of Christ's real and living presence in the sacrament of his Body and Blood. We pray to the Lord.
- For an increase in vocations to the priesthood, that many generous-hearted young men may respond to the call to serve God's people, proclaiming Christ's word and celebrating his Eucharist. We pray to the Lord.
- For young people, that they may come to know and to love the Eucharist, in which Christ comes to us and the very work of our redemption is accomplished.
 We pray to the Lord.
- For all of us, that the Eucharist we celebrate and receive this day may renew us in faith, hope, and love. We pray to the Lord.

SENDING theme (to use Apr-June 2021)

- For the Church, that the Eucharist we celebrate may unite us and impel us to deeper love and more generous service. We pray to the Lord.
- For the world, that all who do not know Christ may encounter him through the loving, authentic witness of those who believe. We pray to the Lord.
- For the poor, the sick, the lonely; for those deprived of justice; for all who live on the margins of society; that they may find in us good and generous friends. We pray to the Lord.
- For young people who are considering their vocation in life, that they may be open to the possibility that God is calling them to ministry and service in the Church. We pray to the Lord.
- For all of us, that we may live the Eucharist we celebrate, and truly become the Body of Christ in the world. We pray to the Lord.



Please click to download Word doc.

RAYER FOR THE YEAR OF THE EUCHARIST

How to use the Prayer for the Year of the Eucharist

Download this Year of the Eucharist prayer card to pray at the end of liturgies, or encourage your pastoral staff to pray at meetings. You can also send a digital copy to your parishioners or put on your parish website.

Prayer for the Year of the Eucharist

Lord Jesus Christ. the Eucharist is your gift to us. As we celebrate your mysteries, the very work of our redemption is accomplished, and we are filled with every grace and blessing. May the liturgy become the pattern of our lives. May our celebrations of this great mystery draw us ever closer to you and to one another. Strengthen the bonds of unity in our local Church, that our love for one another may be evident and we may proclaim your Gospel more effectively. May our celebration bear fruit in our lives, and deepen our commitment to serve the poor and vulnerable in your name. You live and reign for ever and ever. Amen.

How holy this feast in which Christ is our food; his passion is recalled; grace fills our hearts; and we receive a pledge of the glory to come, alleluia. (Antiphon for Corpus Christi, attr. St. Thomas Aquinas)



FRONT

Year of the Eucharist

Lord Jesus Christ, the Eucharist is your gift to us. As we celebrate your mysteries. the very work of our redemption is accomplished, and we are filled with every grace and blessing. May the liturgy become the pattern of our lives. May our celebrations of this great mystery draw us ever closer to you and to one another Strengthen the bonds of unity in our local Church, that our love for one another may be evident and we may proclaim your Gospel more effectively May the Eucharist bear fruit in our lives, and deepen our commitment to serve the poor and vulnerable in your name. You live and reign for ever and ever. Amen.

How holy this feast in which Christ is our food; his passion is recalled; grace fills our hearts; and we receive a pledge of the glory to come, alleluia.

BACK

L Click a language below to download Prayer Card

English | Spanish

Vietnamese | Korean



Please click here to download Prayer Card and Word doc.

YEAR OF THE EUCHARIST

SPANISH RESOURCES

NEW "how to promote" guidelines, overview, FAQs, petitions, graphics, bulletin inserts and more. Expanded Spanish materials.





LOGO AND DIGITAL GRAPHICS



BULLETIN INSERTS



HORA SANTA



WEBINAR AD



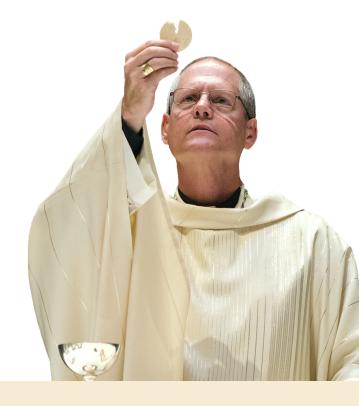
PRAYER CARD



SOCIAL MEDIA POSTS



LIST OF RESOURCES



LOGO, DIGITAL GRAPHICS, BULLETIN INSERTS

Use the logo and these digital graphics on your parish's social media pages. Include the hashtag **#YearoftheEucharistSeattle** in the text of your posts.

LOGO

For use on white backgrounds only.



CELEBREN

Can be used all year long

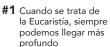






BULLETIN INSERTS







#6 Ser Cuerpo de Cristo es llevar la misión e Cristo al mundo



#7 Ser Cuerpo de Cristo es llevar la misión e Cristo al mundo



#8 Ser Cuerpo de Cristo es llevar la misión e Cristo al mundo



#9 Cuando se trata de la Eucaristía, siempre podemos llegar más profundo



#10 Cuando se trata de la Eucaristía, siempre podemos llegar más profundo



#11 Cuando se trata de la Eucaristía, siempre podemos llegar más profundo

WEBINARS / HORA SANTA

YEAR OF THE EUCHARIST WEBINAR

Consider offering a free Year of the Eucharist webinar for adults. You can arrange to have this offered in your parish by the Offices of Liturgy and Faith Formation. This is based on Archbishop Etienne's Pastoral Letter, reflecting on the meaning of the Eucharist for our daily living. Offered in English or Spanish at no cost to your parish.

Contact Carlos Carillo at carlos.carillo@seattlearch.org. Learn more.





HORA SANTA

Hora Santa para Conmemorar el Año de la Eucaristía:

Todos los Jueves de 6 a 7 pm.

https://www.facebook.com/events/1016481352128518/





ORACIÓN POR EL AÑO DE LA EUCARISTÍA

How to use the Prayer for the Year of the Eucharist

Download this Year of the Eucharist prayer card to pray at the end of liturgies, or encourage your pastoral staff to pray at meetings. You can also send a digital copy to your parishioners or put on your parish website.

Oración por el Año de la Eucaristía

Señor Jesucristo,

La Eucaristía es un regalo para nosotros.

Al celebrar tus misterios,

la obra misma de tu redención se realiza,

y nos llenamos de toda gracia y bendición.

Que la liturgia se convierta en nuestra forma de vida,

Que nuestras celebraciones de este gran misterio

nos acerquen a Ti y a los demás.

Fortalece estos lazos de unión en tu Iglesia local,

Que el amor de unos por otros sea evidente,

Y que podamos proclamar tu Evangelio con más eficacia.

Que nuestra celebración dé fruto en nuestras vidas.

Y profundice nuestro compromiso

de servir a los pobres y más vulnerables en Tu nombre.

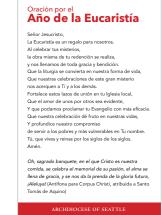
Tú, que vives y reinas por los siglos de los siglos.

Amén.

Oh, sagrado banquete, en el que Cristo es nuestra comida, se celebra el memorial de su pasión, el alma se llena de gracia, y se nos da la prenda de la gloria futura, ¡Aleluya! (Antífona para Corpus Christi, atribuida a Santo Tomás de Aquino)



FRONT



BACK



Please click here to download Prayer Card and Word doc.

YEAR OF THE EUCHARIST SOCIAL MEDIA POSTS

You can use this series of social media posts with quotes from the Archbishop's Pastoral Letter, to post on your parish Facebook and Instagram pages. Suggest using #YearoftheEucharistSeattle in the text of your posts.



La Eucaristía nos une a Cristo, y, en Cristo, a los demás. Y la Eucaristía nos compromete con los pobres, enviándonos en servicio y amor.

> ARZOBISPO ETIENNE La obra de redención



"La Eucaristía fortalece nuestra vida interior, a la vez que nos transporta más allá de nosotros mismos hacia una profunda relación con el Señor."

> ARZOBISPO ETIENNE La Obra de Redención



Porque también cuando se celebra sobre el pequeño altar de una iglesia en el campo, la Eucaristía se celebra, en cierto sentido, sobre el altar del mundo. Ella une el cielo y la tierra. Abarca e impregna toda la creación.

> PAPA SAN JUAN PABLO II Ecclesia de Eucharistia, 8



RESOURCE MATERIALS FOR PARISHES

Carta Pastoral del Obispo: "La Obra de Redención"

Carta pastoral del Arzobispo en Español con formato correcto

Carta Apostólica del Papa Juan Pablo II: "Mane nobicum Domine."

Documento Apostólico de San Juan Pablo II sobre la Eucaristía

Carta Encíclica del Papa Juan Pablo II: "Ecclesia de Eucharistia"

Carta Pastoral de San Juan Pablo II para el Año Eucaristico 2005

Sacrosanctum Concilium (1963) sobre la Liturgia

Documento del Concilio Vaticano II sobre la Liturgia

Catecismo de la Iglesia Católica en aquellas partes sencillas y profundas que dedica a la Misa

Enlace para estudiar las partes del CIC sobre la Liturgia

La Liturgia: Fuente y Culmen de nuestra vida Cristiana

Libro fácil de leer para los ministros que participan en la liturgia

El Misterio de Fe

Un recurso ideal para los comités litúrgicos parroquiales, para la catequesis acerca de la Misa, y por supuesto, para su uso en el proceso de la Iniciación Cristiana

La misa explicada

Curso en FORMED.org para conocer a fondo la Misa para participar de una manera más plena, consciente y activa en cada Eucaristía

Presencia: El Misterio de la Eucaristía

Serie de videos en Formed.org sobre la Presencia Real de Cristo en la Eucaristia. Material para la Preparación Sacramental

Breve Historia de la Eucaristía

Artículo sobre la Histroia de la Eucaristía

La Eucaristía para Jóvenes. Video bilingüe

Video animado y bilingue para la juventud actual para comprender los simbolos de la Eucaristia

Partes de la Misa

Este sitio ofrece recursos pedagógicos para la categuesis infantile

Misa Explicada de forma sencilla

Un artíulo sencillo para conocerla, entender sus gestos y símbolos, y participar en ella con reverencia

Partes de la Misa Explicada para Niños

Video animado con música y animación para explicar las partes de la Misa a los niños

Hermano Zeferino: La Misa

Video que enseña de manera dinámica y animada para explicar los elementos de la Misa a los niños

https://seattlearchmedia.weebly.com/eucaristia.html

Página con más recursos para la Categusis sobre la Eucaristia