

Confirmation Resources Approved/Recommended for use by Parishes/Schools of the Archdiocese of Seattle

*The following textbooks and programs have been reviewed and recommended by the
Department of Faith Formation*

Middle School Programs

Anointed in the Spirit - Middle School
Believe-Celebrate-Live Confirmation (Ages 12-15)
Inspired by the Spirit
Call to Celebrate for Younger Adolescents (Ages 12-14)
Decision Point (ages 12 and over)
Youcat & Image of God Confirmation Resource
Sealed in Fire

Saint Mary's Press © 2010
Sadlier © 2018
Sadlier © 2012
Our Sunday Visitor © 2008
Dynamic Catholic © 2014
Ignatius Press © 2014
Sophia Institute © 2016

High School Programs

Anointed in the Spirit - High School
Called to Mercy
Confirmed in a Faithful Community
Confirmed in the Spirit
Call to Celebrate for Older Adolescents (Ages 15-18)
Send Out Your Spirit
R.E.A.L Formation: Confirmation
Confirmation
Chosen - Your Journey Toward Confirmation
Purpose

Saint Mary's Press © 2011
Saint Mary's Press © 2018
Saint Mary's Press © 2006
Loyola Press © 2014
Our Sunday Visitor © 2008
Ave Maria Press © 2010, 2026
Our Sunday Visitor © 2025
RCL Benziger © 2007
Ascension Press © 2022
Lifeteen © 2019

Catechetical Resources in Spanish

Confirmación
Confirmación: Inspirados por el Espíritu
Creer – Celebrar - Vivir Confirmación (Ages 12-15)
Elegido: tu camino hacia la Confirmación
Confirmados en el Espíritu
Un llamado a celebrar: la Confirmación
Espíritu de la Verdad

RCL Benziger © 2014
Sadlier © 2013
Sadlier © 2018
Ascension Press © 2024
Loyola Press © 2013
Our Sunday Visitor © 2008
Sophia Institute © 2023

Candidate-Sponsor Encounter: A Resource for Confirmation

The Candidate-Sponsor Encounter is a series of activities for Confirmation candidates and their sponsors. Its format is flexible; serving as a full or half-day retreat facilitated by a formation leader or given to sponsors to do with their candidates on their own, either in one sitting or as a series of one-on-one discussions. This set of activities highlights the many ways our dignity can be recognized in our ongoing relationship with God and with the people around us. Together, candidates and their sponsors will explore: Our relationship with God and our relationship with others.

[English - Online Version](#)

[Spanish - Online Version](#)

[English - Printable Booklet](#)

[Spanish - Printable Booklet](#)