

Prayer: Stations of the Cross & Reflection

Focusing the reflections of the Stations of the Cross on the way of the immigrant and migrant is a beautiful way for us to weave the message of Matthew 25: 40 into prayer, especially during Lent. In action and in prayer, we are invited and challenged to see the life and suffering of Christ in our migrant brothers and sisters.

Stations of the Cross for Migrants & Immigrants

- [From Daylesford Abbey](#)
- PDF also included in tool kit

Note about the Reflections

- Two of the stations (5 & 10) mention prostitution and/or sexual abuse. Many migrants suffer this horrific reality. If you feel like this content is too mature for your age group, you could edit the content of those stations.

Note on Time

- If you need to shorten the time frame of this prayer, you could not pray the Our Father, Hail Mary, & Glory Be at the end of each station.

Possible Components of Session

- Gather, Welcome & Icebreaker/Team Building Activity
- Move to church to pray the Stations of the Cross
 - If possible, assign different students to read the 15 Stations (solo or with a partner)
 - To aid visual learners, it is suggested that each person receive a copy of the packet
- Small group discussion/reflection after the Stations
 - Which reflection resonated or stayed with you the most?
 - The goal of these Stations was to help us see the life and suffering of Christ in the life and suffering of immigrants and migrants; where did you see this connection?
 - Where is there hope and compassion in the midst of the suffering of Christ? Where is there hope and compassion in the midst of the suffering of immigrants and migrants?
 - How can we serve and love both Christ and our immigrant and migrant brothers and sisters?
- Closing Prayer:
 - [Prayer for Migrant Families](#)