



ARCHDIOCESE OF SEATTLE

At Home with Faith

Jesus shares our hatred of death, but he doesn't share our fear of it.

Jesus conquers death, and we can have confidence that, if we remain close to him, he will raise us to new life.

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Read

Take time to read and reflect on the Scriptures for this day.

Don't have access to a Bible?

Visit www.usccb.org/bible/readings or download an app such as *Laudate* or *iBreviary* to access the Mass readings.

Jesus was “perturbed and deeply troubled” at the death of Lazarus. The Greek word used here roughly translates to “snorted in spirit.” It’s a combination of being very upset and very angry.

Jesus hates death. He loves life. And as the book of Wisdom (Wisdom 1:13-15) tells us, death is not something that God made. Even so, death is a certainty for all of us in this life, and Lent is a good time to confront its frightening reality. It’s also a very good time to remember that God has promised to raise us from the dead, and that he is faithful to his word.

When we lose someone we love, Jesus knows our pain. He shares our hatred of death, but he does not fear death; instead, he conquers it. He promised that everyone who is baptized in his death is also baptized in his resurrection.

Ezekiel 37:12-14

O my people, I will open your graves and have you rise from them.

Psalms 130

With the Lord there is mercy and fullness of redemption.

Romans 8:8-11

The one who raised Christ from the dead will give you life, too.

John 11:1-45

Jesus raises Lazarus from the dead.

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Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

Has your family lost someone over the past year? Is your family worried about losing someone in the year to come? Ask your children what they think about the Gospel story of Jesus raising Lazarus. See if they noticed that Jesus was very upset at the death of his friend.

Also, share with your children the line from Scripture, “God did not make death.” (Wisdom 1:13) Let them know that God delights in us and has promised to raise us up.

Being baptized as a Christian means receiving a promise that Jesus will raise us from our death into his life. Remind your family of this promise so they will be prepared to be encouraged by Easter even in Lent.

Visit us online for more prayer resources and weekly Lenten reflections:

<https://archseattle.org/lent/>

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If you need encouragement to continue your Lenten Discipline, check out this NW Catholic article:



Holding Out Until the End

<https://nwcatholic.org/voices/nancy-de-flon-catholic-news-service/holding-out-until-the-end>

For more resources, visit us online at:

<https://www.athomewithfaith.org>